

Artigos em Revistas Q1 e Q2	
Alves, A., Venâncio, T., Honório, S. & Martins, (2019). Multicomponent training with different frequencies on body composition and physical fitness in obese children. Anais da Academia Brasileira de Ciências <i>In press</i>	Q1
Batista, M.; Cubo Delgado, S.; Honório, S. & Martins, J. (2016). The practice of physical activity related to self-esteem and academical performance in students of basic education. Journal of Human Sport & Exercise – JHSE. ISSN: 1988-5202. Vol. IX, (2). 280-302	Q2
Batista, M.; Honório, S.; Martins, J.; Brito, J. (2014). Benefits of Physical Activity in Cholesterol and Triglycerides in the Elderly. The Revista de Saúde Pública, Vol. 48, (special number) 190-281: ISSN 0034-8910. São Paulo, Brasil.	Q2
Duarte-Mendes, P., Marinho, D., & Petrica, J. (2015) Comparison between Genders in Imagery ability in Basketball Athletes. Journal of Physical Education and Sport. Journal of Physical Education and Sport, 15, 391-395. ISSN: 2247 - 806X	Q2
Honório, S.; Batista, M.; Martins, J.; Brito, J. (2014). Comparison of functional fitness between sedentary and active elderly with AAHPERD tests. The Revista de Saúde Pública, Vol. 48, (special number) 190-281: ISSN 0034-8910. São Paulo, Brasil.	Q2
Honorio, S., Batista, M., Paulo, R., Mendes, P., Santos, J., Serrano, J., Petrica, J., Faustino, A., Mesquita, H., Martins, J. (2016) Aquatic Influence on Mobility of a Child with Duchenne Muscular Dystrophy: Case Study. <i>PONTE International Multidisciplinary ISI Journal</i> . Vol. 72, Issue 8, Aug 2016.	Q1
Leytón, M., Batista, M., Lobato, S., Aspano, M., Jiménez R (2017). Application of Two Intervention Programs in Order to Optimize Motivation and to Improve Eating Habits in Adult and Elderly Women. Journal of Human Kinetics, 59, 131-142. DOI: 10.1515/hukin-2017-0153.	Q1
Monteiro, D., Teixeira, D., Travassos, B., Duarte-Mendes, P., Moutão, J. Machado, S., & Cid, L. (2018). Perceived Effort in Football Athletes: The Role of Achievement Goal Theory and Self-Determination Theory. Frontiers in Psychology, 8, 1 – 13. doi: 10.3389/fpsyg.2018.01575	Q1
Rafael, O.; Ramos, L.; Souza, R.; Tadeu, C.; Brito, J.; Honório, S. (2014). Effects of two exercise training programs and detraining in older women. The Revista de Saúde Pública, Vol. 48, (special number) 190-281:	Q2
Resumos em Revistas Q1 e Q2	
Batista, M.; Martinho, J.; Santos, J.; Mesquita, H.; Duarte-Mendes, P.; Paulo, R. (2018). Self-determined motivation and life satisfaction of elderly for the supervised physical activity practice. BMC Health Services Research. 18 (2), 50. DOI: 10.1186/s12913-018-3444-8.	Q1
Batista, M.; Leyton, M.; Lobato, S.; Aspano, M.; Jimenez-Castuera, R. (2018). Application of the transcontextual model of motivation in the	Q1

<p>prediction of healthy lifestyles of active adults. BMC Health Services Research. 18 (2), 50. DOI: 10.1186/s12913-018-3444-8.</p>	
<p>Batista, M.; Jimenez Castuera, R.; Mesquita, H.; Faustino, A.; Santos, J.; Honório, S. (2016). Life satisfaction of working adults due to the volume of hours of weekly exercise. Journal: BMC Health Services Research. 16 (3), 102. DOI: 10.1186/s12913-016-1423-5</p>	Q1
<p>Batista, M.; Jimenez Castuera, R.; Petrica, J.; Serrano, J.; Honório, S.; Paulo, R.; Mendes, P. (2016). Self-determined motivation and well-being in Portuguese active adults of both genders. Journal: BMC Health Services Research. 16 (3), 103. DOI: 10.1186/s12913-016-1423-5</p>	Q1
<p>Duarte-Mendes, P., Paulo, R.; Faustino, A.; Mesquita, H.; Honório, S.; Batista, M. (2016). Healthy Lifestyle: Comparison between higher education students that lived until adult age in rural and urban environment. Journal: BMC Health Services Research. 16 (3), 118. DOI: 10.1186/s12913-016-1423-5</p>	Q1
<p>Duarte-Mendes, P., Ramalho, A.; Silva, F.; Pio, J.; Honório, S.; Batista, M. (2016). The influence of physical exercise on functional fitness in institutionalized elderly. Atención Primaria. 48 (Espec Cong 1), 74. ISSN: 0212-6567.</p>	Q2
<p>Duarte-Mendes, P., Petrica, J., Serrano, J., Faustino, A. e Paulo, R. (2013). Imagery: Correlation between imagery and abilities in football pass, drible and shoot. In Atención Primaria, Nº 45, p.69 ISSN: 0212-6567.</p>	Q2
<p>Duarte-Mendes, P., Marinho, D., Petrica, J., Monteiro, D., Paulo, R., Serrano, J. &amp; Santo, I. (2016) The influence of Motor Imagery in fine motor skills of individuals with disabilities. BMC Health Services Research, Volume 16 Suppl 3. P.48. DOI 10.1186/s12913-016-1423-5</p>	Q1
<p>Duarte-Mendes, P., Petrica, J., Cesar, L., Marinho, D., Serrano, J. e Paulo, R. (2016). The influence of motor imagery in balance of individuals with disabilities . In Atención Primaria, nº 48, p. 73, ISSN :0212-6567</p>	Q2
<p>Duarte-Mendes, P., Petrica, J., Santos, T., Ramalho, A., Silva, L., &amp; Faustino, A. (2016). Differences Between Imagery Ability (External Visual, Internal Visual and Kinesthetic) In Young Soccer Players. Aten Primaria, 48 (Espec Cong 1), 25-120.</p>	Q1
<p>Duarte-Mendes, P., Ramalho, A., Silva, F., Pio, J., Honório, S., &amp; Batista, M. (2016). The influence of physical exercise on functional fitness in institutionalized elderly. Aten Primaria, 48(Espec Cong 1), 25-120.</p>	Q1
<p>Duarte-Mendes P., Honório S., Oliveira J., Petrica J., Ramalho A., Faustino A., &amp; Paulo R. (2018). The effects of swimming and swimming complemented with water walking on spirometry values. BMC Health Services Research, 18 (Suppl 2): 684.</p>	Q1
<p>Duarte-Mendes, P., Silva, D., Petrica, J., Marinho, D., Travassos, B., Serrano, J. (2018) Preliminary translation and validation of Movement Imagery Questionnaire – Children (MIQ-C) to Portuguese. BMC Health</p>	Q1

Services Research, 18 (Suppl 2.):684, P.127. <a href="https://doi.org/10.1186/s12913-018-3444-8">https://doi.org/10.1186/s12913-018-3444-8</a>	
Farinha, C.; Serrano, J.; Ferreira, J.; Petrica, J.; Paulo, R.; Duarte-Mendes, P.; Batista, M. (2018). Self-perception of health status and physical condition of elderly people practitioners of hydrogymnastics. <i>BMC Health Services Research.</i> 18 (2), 116. DOI: 10.1186/s12913-018-3444-8.	Q1
Farinha, V. e Serrano, J. (2013) Curricular enrichment activities and Physical Fitness. In Atención Primária, Nº 45, p. 27, ISSN: 0212-6567.	Q2
Faustino, A.; Mendes, P.; Paulo, R.; Serrano, J.; Batista, M.; Petrica, J. (2016). Active lifestyle: comparative study of physical activity level among higher education students. <i>Atención Primaria</i> , 48 (Espec Cong 1), 74. ISSN: 0212-6567.	Q2
Faustino, A., Silveira, P., Serrano, J., Paulo, R., Mendes, P., Honório, S. (2016) The influence of relative age, subcutaneous adiposity and physical growth on Castelo Branco under-15 soccer players 2015. <i>BMC Health Services Research</i> , Volume 16 Suppl 3. P.104. DOI 10.1186/s12913-016-1423-5.	Q1
Honório, S.; Oliveira, J.; Batista, M.; Serrano, J.; Santos, J.; Paulo, R.; Duarte-Mendes, P. (2018). The effects of water walking on body composition – a study with children between 6 and 12 years old. <i>BMC Health Services Research.</i> 18 (2), 113-114. DOI: 10.1186/s12913-018-3444-8.	Q1
Machado, T., Serrano, J., Ibanez, S., Mesquita, H., Pires, P. (2018) Rotines of life and health of institutionalized young people. <i>BMC Health Services Research</i> , 18 (Suppl 2.):684, P.108. <a href="https://doi.org/10.1186/s12913-018-3444-8">https://doi.org/10.1186/s12913-018-3444-8</a>	Q1
Machado, T., Serrano, J., Ibanez, S., Mesquita, H., Pires, P. (2018) Rotines of life and health of institutionalized young people. <i>BMC Health Services Research</i> , 18 (Suppl 2.):684, P.108. <a href="https://doi.org/10.1186/s12913-018-3444-8">https://doi.org/10.1186/s12913-018-3444-8</a>	Q1
Matias, A., Serrano, J. e Petrica, J. (2013). Instruction Behaviors of Juvenile Football Coaches During Competition. In Atención Primaria, Nº 45, p.27 ISSN: 0212-6567	Q2
Paulo, R., Mendes, P., Faustino, A., Ramalho, A., Serrano, J. e Petrica, J. (2016). Smoking and physical activity: influence On physiological parameters with impact On health state of high school students . In Atención Primaria, nº 48, p. 69, ISSN : 0212-6567	Q2
Ramalho, A., Rosado, A., Duarte-Mendes, P., Paulo, R., Garcia, I., & Petrica, J. (2016). Physical activity and motor memory in pedal dexterity. <i>BMC Health Services Research</i> , 16, Suppl 3.	Q1
Ramalho, A., Petrica, J., Mendes, P., Serrano, J., Santo I. e Rosado, A. (2016) Chronic effects of exercise on motor memory consolidation in elderly people. <i>BMC Health Services Research</i> , Volume 16 Suppl 3. P.50. DOI 10.1186/s12913-016-1423-5.	Q1
Ramalho, A., Petrica, J., Mendes, P., Paulo, R., Serrano, J. e Rosado, A. (2016). Effects of exercise on motor memory consolidation in elderly	Q2

people on non-dominant hand. In Atención Primária, nº 48, p. 74, ISSN :0212-6567	
Ramalho, A., Duarte-Mendes, P., Paulo, R., Serrano, J., Rosado, A., Petrica, J. (2018) Acute effects of aerobic exercise on motor memory consolidation in older people. BMC Health Services Research, 18 (Suppl 2.):684, P.120. <a href="https://doi.org/10.1186/s12913-018-3444-8">https://doi.org/10.1186/s12913-018-3444-8</a>	Q1
Ramalho, A., Rosado, A., Mendes, P., Faustino, A., Serrano, J. e Petrica, J. (2016). Physical Exercise And Motor Memory Consolidation in Pedal Dexterity Skills On Non-Dominant Member in Elderly. In Atención Primária, nº 48, 1, p. 75, ISSN : 0212-6567	Q2
Rebelo, M., Serrano, J., Marinho, D., Paulo, R., Corte, V., Duarte-Mendes, P. (2018) Motor development in children from 11 to 44 months old: influence of the variable “presence of siblings”. BMC Health Services Research, 18 (Suppl 2.):684, P.67. <a href="https://doi.org/10.1186/s12913-018-3444-8">https://doi.org/10.1186/s12913-018-3444-8</a>	Q1
Santos, J; Petrica, J; Maia, L; Batista, M. (2016) The profile Attention of students in physical education classes: Differences between the different sports ativities. Atención Primária, 2016, 48 Supl. C:25-120	Q2
Santos, J, Petrica, J. (2013). “The relationship between school performance and the attention of students in Physical Education”, Atención Primária, ISSN: 0212-6567 ; Volume 45, 119-120.	Q2
Santos, J.; Petrica, J.; Maia, L.; Batista, M. (2016). The profile attention of students in physical education classes: differences between the different sports. Atención Primária. 48 (Espec Cong 1), 79. ISSN: 0212-6567	Q2
Serrano, J. Mendes, P., Petrica, J. Faustino, A. e Paulo, R. (2013). Health habits of children aged between 10 and 12 years old. In Atención Primária, Nº 45, p.137, ISSN: 0212-6567.	Q2
Serrano, J., Petrica, J., Paulo, R., Honório, S., Mendes, P., (2016) Physical fitness and health in children of the 1st Cycle of Education. BMC Health Services Research, Volume 16 Suppl 3. p. 97. DOI 10.1186/s12913-016-1423-5	Q1
Silva, F., Petrica, J., Serrano, J., Paulo, R., Ramalho, A., Ferreira, J. P, Duarte-Mendes, P., (2018) The influence of moderate- to vigorous-intensity activity on the physical fitness of non-institutionalised elderly people. BMC Health Services Research, 18 (Suppl 2.):684, P.59. <a href="https://doi.org/10.1186/s12913-018-3444-8">https://doi.org/10.1186/s12913-018-3444-8</a>	Q1
Silva, F., Petrica, J., Serrano, J., Paulo, R., Ramalho, A., Ferreira, J. P, Duarte-Mendes, P., (2018) The impact of physical activity on spirometric parameters in noninstitutionalised elderly people. BMC Health Services Research, 18 (Suppl 2.):684, P.152. <a href="https://doi.org/10.1186/s12913-018-3444-8">https://doi.org/10.1186/s12913-018-3444-8</a>	Q1